

What Are the Best High Fibre Foods for my Dog?

Fibre is a very important part of the diet for dogs as well as humans. Fibre can aid healthy digestion and help to prevent disease. Discover the best high fibre foods to feed your dog.

High five for fibre: what's best for your poochs' belly!



Oats

Fibre increases bulk in the diet and promotes a feeling of fullness without adding calories.



Brown Rice

As well as other health benefits, brown rice is high in fibre, great to use in dog foods. It's in the majority of Burns diets.



Vegetables

Broccoli, sprouts, cabbage and carrots are all brimming with gold dust health benefits to dogs, and are high in fibre.



Weight loss

Does your paunchy pug or bulky beagle need to shed the puppy fat? High fibre dog food is their friend. Fibre increases bulk in the diet and promotes a feeling of fullness without adding calories. This provides the dog with a satisfying meal whilst consuming fewer calories. Dogs that are an ideal weight but appear hungry / greedy may also benefit from the extra fibre and in some cases additional fibre can help to reduce the incidence of the dreaded coprophagia (poo eating) in dogs.

Diabetic Dogs

High fibre dog food is useful for diabetic dogs. Feeding a high fibre diet to a diabetic dog can help control the swings in blood sugar which minimises the peaks and troughs in blood glucose levels that accompany the disease.

Diarrhoea

In cases of unpleasant diarrhoea, fibre will absorb moisture and along with its binding and gelling properties, it is a good aid the treatment of diarrhoea. Fibre's water absorbing properties also aids the treatment of constipation.



Anal Gland Issues

Many vets will also recommend a higher fibre food to increase stool volume. A bulkier stool can help to empty the anal glands and may benefit dogs with recurrent anal gland issues. In our experience, a high quality lower fibre diet should help prevent the glands filling up but for those dogs that need further help a higher fibre diet is worth considering.

Is your dog hungry or just greedy Call [0800 083 66 96](tel:08000836696) to talk to the Burns Health and Nutrition Team about healthy feeding amounts.

Join the Burns Loyalty Scheme and feed your furry pal for less with every 8th bag free. Call [0800 018 18 90](tel:08000181890) for more information or to find your local stockist.

Making a paws-itive change with Burns

